Dear Friends,

I am pleased to present to you the Child Saving Institute (CSI) 2019 Annual Report. Inside you will find that 2019 proved to be a very strong year for children and families.

The CSI mission is more than 128 years old and it has aged well because, like a family, the agency grows stronger with time. As with a family, there are many parts, which create a wonderful whole.

The Board of Directors exists to serve the mission, Responding to the cry of a child.

With many voices, the Board of Directors drives change while shaping the future of our community.

Donors and volunteers exist to serve the agency.

Since the founding of CSI, service has been a thread through which the fabric of the agency is connected. Together, generous hands prepare a beautiful playground for children each spring at CSI’s Early Childhood Education Center; generous hearts offer funding to ensure the Triage Center is open for all children; and, the continued support of the community ensures our social workers are available to serve vulnerable parents and children in pediatric healthcare clinics.

CSI exists to serve children and families.

Our staff stand on the shoulders of a wise Board of Directors, generous funders and giving volunteers so together, as one, we can positively shape our children’s futures.

We live in times of great change, and, like a family, our agency will not stand still.

We envision a community where every child is surrounded by a loving family and every child stands upon their own pillars of safety, strength and support.

Together as one, we can create a safe community for all children.

Peg Harriott, President & CEO
Together as One

Dear Friends,

Reflecting on Peg’s letter, I think of this quote: “Families are like branches on a tree. We grow in different directions yet our roots remain as one.”

I believe Child Saving Institute (CSI) serves as the roots that connect us all. We are all part of the CSI family and together as one, we impact the lives of children and families in our community.

Over time, we’ve adapted to the needs of those we serve. We’ve added new programs, discontinued certain services and modified our plans. Like family, we will continue to grow and evolve; however, our core remains unchanged. We are rooted in our philosophy that all children deserve safe, healthy and happy childhoods.

To achieve this, many parts must come together. The branches must connect so the leaves can flourish—we are the branches. Each of us play a role in ensuring our community thrives. Whether it’s through serving on the Board of Directors, being a generous donor, volunteer or committed employee, it’s our duty to create a safe and loving community for all children. Only together, can we achieve this.

Thank you for being a part of the CSI family. Thank you for your generosity, commitment and compassion. Together as one, we will continue to build a better, brighter future for generations to come.

Melanie Hecker, Board Chair

Helping people has always been my calling.
–Laura Smith

Building a Stronger Community

Two years ago, Laura and Walter Smith opened their hearts and home to a distant relative needing a safe and loving place to live. This was the start of their journey into foster care.

Following their experience serving as a kinship foster home, the Smith’s felt called to help more children and teens in their community by providing a place of safety, security and love.

The couple partnered with Child Saving Institute (CSI) to become licensed foster parents. Since that time, Laura and Walter have fostered five children, changing the life of every child that came through their doors.

Laura and Walter have uniquely helped each foster child find their forever family whether it was through adoption, guardianship or reunification. Their consistent support, unconditional love, open understanding and unwavering commitment to doing what’s best for each child, allowed the Smith’s to impact the lives of many others beyond the children who resided in their home.

Their family is now interwoven with each family they’ve worked with over the years. Laura shares that one experience that has brought her and her husband “pure joy” was watching one of their foster children reunify with their mother. She said: “We developed such a great relationship with the child’s mom that they are both still a vital part of our family.”

Like others, Laura and Walter are changing lives, helping families thrive and building a stronger community for the future of our children.
## 2019 Financial Report

### OPERATING REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gifts</td>
<td>$2,998,125</td>
<td>$2,672,502</td>
</tr>
<tr>
<td>Grants from CSI Foundation</td>
<td>$537,318</td>
<td>$539,486</td>
</tr>
<tr>
<td>Government Contracts and Grants</td>
<td>$2,030,822</td>
<td>$1,918,153</td>
</tr>
<tr>
<td>Program Service Fees</td>
<td>$2,798,029</td>
<td>$2,700,183</td>
</tr>
<tr>
<td>United Way Support</td>
<td>$216,600</td>
<td>$236,206</td>
</tr>
<tr>
<td>In-Kind Donations</td>
<td>$121,278</td>
<td>$338,249</td>
</tr>
<tr>
<td>Other Income</td>
<td>$56,450</td>
<td>($163,774)</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$8,758,622</strong></td>
<td><strong>$8,241,005</strong></td>
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</tbody>
</table>

### OPERATING EXPENSES

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$7,156,904</td>
<td>$6,867,959</td>
</tr>
<tr>
<td>Management &amp; Fund Raising</td>
<td>$1,725,432</td>
<td>$2,078,035</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$8,882,336</strong></td>
<td><strong>$8,945,994</strong></td>
</tr>
</tbody>
</table>

**Excess of Revenue over Expenses**

- **2019**: ($123,714)
- **2018**: ($704,898)

### Notes: The above figures only include unrestricted operating activity.
2019 Snapshot

Child Welfare Services

Foster/Kinship Care
- 137 kids
- 69 licensed foster homes
- 19 kinship homes

Adoption Programs
- 1 infant adoption
- 3 international adoptions
- 7 adoptive homes

Post Adoption
- 23 individuals

Permanency Services
- 87 kids

Foster Child Adoptive Home Studies
- 9 adoptive homes

Prevention Services

Parenting Programs
- 103 individuals

School & Family Enrichment (SAFE)
- 113 kids

KidSquad*
- 32 kids, 17 caregivers, 51 classrooms with 647 students

Mental Health Services

Therapy
- 456 kids/families

Pregnancy Counseling
- 2 individuals

Relinquishment Counseling
- 27 individuals

Early Childhood Education

Early Childhood Education Center
- 149 kids

Spellman Child Development Center
- 160 kids

Emergency Shelter Services

Emergency Shelter
- 68 youth

Reception Center
- 19 youth

Client Demographics

Age

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-4 years</td>
<td>26%</td>
</tr>
<tr>
<td>5-12 years</td>
<td>33%</td>
</tr>
<tr>
<td>13-17 years</td>
<td>20%</td>
</tr>
<tr>
<td>18-24 years</td>
<td>6%</td>
</tr>
<tr>
<td>25-44 years</td>
<td>12%</td>
</tr>
<tr>
<td>45 &amp; older</td>
<td>3%</td>
</tr>
</tbody>
</table>

Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>44%</td>
</tr>
<tr>
<td>Female</td>
<td>56%</td>
</tr>
</tbody>
</table>

Household Income

- Under $25k: 79%
- $25k-$50k: 11%
- Over $50k: 10%

Race/Ethnicity

- Black or African American: 26%
- Euro American/Caucasian/White: 43%
- Hispanic/Latino: 17%
- Native American: 2%
- Asian: 1%
- Bi-racial/Multi-racial: 10%
- Other: 1%

*CSI is the fiscal agent of a larger KidSquad program with partner agencies. The number above reflects clients served by CSI direct staff only.
Abuse, Neglect and Trauma

A total of 1,943 children in the Omaha area were confirmed victims of abuse and/or neglect in 2017. Child Saving Institute’s (CSI) programs intervene early and mitigate risk factors associated with abuse and neglect in the following ways:

- CSI’s Teen & Young Parent Program (TYPP) and the Pediatric Social Work (PEDS) program provide over 1,300 screenings for postpartum depression each year that may not otherwise occur, allowing at-risk mothers to get help before abuse occurs.

- The Independent Living Skills (ILS) program, PEDS, and TYPP serve over 200 individuals each year and help ease poverty-related risks for current and future parents.

- TYPP reaches over 100 young parents each year through direct family support and parenting workshop services, with another 75 Lunch & Learn sessions held at various high schools annually.

- The School & Family Enrichment (SAFE) program helps over 75% of kids engaged in services improve their Nurturing Skills Competency Scales and achieve the appropriate permanency goals by end of services.

- The ILS program serves over 65 adolescents each year and helps ensure these youth establish critical protective factors as they prepare to enter into unsupported adulthood. 95% of teens engaged in the program have developed at least one solid relationship with a supportive adult who will remain in their lives as they transition to adulthood.

- The support CSI Foster Care staff provides to foster parents and kids has helped keep placements stable, with an average of less than 5% disrupting placement each quarter.

- Each year, CSI’s In-Home Services team works with approximately 70 families who have shown some concerns regarding healthy functioning and risk of abuse or neglect.

- CSI helps over 80% of families who engage in services improve their Nurturing Skills Competency Scales and achieve the appropriate permanency goals by end of services.

- The Independent Living Skills (ILS) program, PEDS, and TYPP serve over 200 individuals each year and help ease poverty-related risks for current and future parents.

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All Child Saving Institute (CSI) programs focus on helping clients avoid or minimize the negative, long-term effects of abuse, neglect and trauma by:

- Preventing abuse, neglect and trauma by intervening early and addressing situations that put children and families at risk.

- Building and strengthening client and family resiliency for coping with past, present and future adverse experiences.

- Providing therapeutic support for children who have been abused and neglected or have experienced other childhood trauma.

- Providing quality out-of-home placement options where abuse, neglect and trauma will not recur for children removed from their parents.

14 PROGRAMS:

- Adoption
- Child and Adolescent Therapy
- Early Childhood Education
- Emergency Shelter
- Foster Care & Kinship Care
- In-Home Services
- Independent Living Skills (ILS)
- KidSquad
- Pediatric Social Work (PEDS)
- Pregnancy Counseling
- Relinquishment Counseling
- School & Family Enrichment (SAFE)
- Teen & Young Parent Program (TYPP)
- Triage Center

CSI’s Mental Health Services program provides therapy services to approximately 80 parents each year, and reaches another 100 caregivers.
Science clearly indicates early experiences shape the architecture of the developing brain. Good development lays the foundation for behavioral and emotional regulation skills critical to academic achievement and other successes in life. Child Saving Institute (CSI) invests in child development by:

- Providing children the tools necessary for appropriate social, emotional and intellectual development.
- Screening/assessing against developmental milestones and addressing concerns through service changes or referrals.
- Supporting strong educated caregivers that nurture healthy attachments and support developmental growth for children/youth.

6 PROGRAMS:

- Child and Adolescent Therapy
- Early Childhood Education
- KidSquad
- Pediatric Social Work (PEDS)
- School & Family Enrichment (SAFE)
- Teen & Young Parent Program (TYPP)

Services have impacted the development of over **2,600 children** in classrooms served.

- These programs have helped ensure 87% of children served were developmentally on target at the completion of services.
- PEDS has also provided over **7,700 education consultations** to parents at well child visits in pediatric clinics in the last three years.
- **100% of parents** completing a follow-up survey at subsequent visits reported they are able to support their children’s development.
- KidSquad services provide teachers the knowledge and skills required to ensure children are developing appropriately and manage challenging behaviors that can disrupt development activities for everyone in the classroom.
- **87% of teachers** completing services demonstrated improved teaching skills and understanding of environmental factors impacting child development. The teacher success in these outcomes directly benefited over 360 children in their classrooms at the time of service.
- Over the past three years, **88% of child development ratings** met or exceeded expectations.

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6 PROGRAMS:

- Child and Adolescent Therapy
- Early Childhood Education
- KidSquad
- Pediatric Social Work (PEDS)
- School & Family Enrichment (SAFE)
- Teen & Young Parent Program (TYPP)
The vision of Child Saving Institute (CSI) is based on all children having homes where hope is kindled and dreams are achieved. While “home” and “family” may look different to each person, CSI helps support the foundation of healthy homes for all families by

- Finding and supporting loving and safe homes on a temporary or permanent basis for children and youth who have been removed from their parent’s care.
- Ensuring children’s biological families are included, engaged and involved in services, whenever appropriate.
- Providing opportunities for existing family systems to strengthen and grow through supportive interventions.

**5 PROGRAMS:**

- Adoption
- Emergency Shelter
- Foster Care and Kinship Care
- In-Home Services
- Teen & Young Parent Program (TYPP)

112 children & teens have found permanent homes through adoption or guardianship.

- **270 (85%)** children and teens had zero negative placement disruptions while with CSI.
- **196 (62%)** children and teens were able to return home, move into an adoptive home or move into a relative or kinship home.

Child Saving Institute’s (CSI) Adoption & Permanency Services, Emergency Shelter, Foster Care, In-Home Services and Teen & Young Parent Program (TYPP) serve over 600 individuals and families each year.
Child Saving Institute (CSI) invests in the prevention of a spectrum of potential issues that can inhibit a child’s progress toward a successful future. This includes putting more tools into the hands of caregivers to understand and nurture appropriate development and address circumstances that could increase the risk of abuse and neglect by:

- Teaching parents and expectant parents about child development, appropriate expectations, the attachment process and how to engage with children in a nurturing manner.
- Supporting parents as they learn how to strengthen their parenting practices, families, self-sufficiency and informal supports.
- Supporting strong, educated caregivers that nurture healthy attachments and support developmental growth for children and youth.

Services in the In-Home Services, KidSquad, Pediatric Social Work (PEDS), and Teen & Young Parent Program (TYPP) are designed to help parents and teachers build a better understanding of their critical role in child development, and to develop strategies for putting new or expanded caregiver skills into practice.

- **17 staff from 5 programs** are trained to teach “Circle of Security” parenting classes. Together, these services impact 4,000 parents, teachers and children each year.
- **1,500 children** in families and classrooms are the beneficiaries of the expanded skillsets.
- **2,200 parents** receive education consultations through CSI’s PEDS program.

- In the past year, **91% of parents and teachers** engaged in CSI services demonstrated a measurable improvement in their understanding and application of skills that nurture child attachment and development.
- **91% of individuals** completing the “Circle of Security” parenting class reported they had an improved understanding of these positive parenting strategies.

300 parents and teacher clients are direct service recipients of CSI’s 4 parenting & teacher skills programs.
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